# BOOK of PRAYERS



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## The Power of a Praying® Wife Book of Prayers

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## Introduction

hen I wrote the book *The Power of a Praying Wife*, I received countless letters filled with testimonies of restored marriages and changed lives. I was deeply touched by the hearts of women who were willing to do anything to see their marriages become all God wanted them to be. Included in many of the letters were requests to have the prayers in this book made available separately.

In the midst of our busy lives, it's often hard to know how to pray beyond the immediate or urgent. That's why praying from this book will set your mind at peace, knowing that when you have prayed each prayer, you will have covered your husband and your marriage thoroughly. Not only will *he* be blessed, but the rewards will be great for *you*, too. There are blessings that will come to you from God simply because you are praying.

Don't be overwhelmed by the many ways there are to pray for your husband. You don't have to do it all in one day, one week, or even one month. Just pick a prayer, any prayer, and let the Holy Spirit lead you from there. And don't worry about the answers. As long as you look to God as the source of all you want to see happen in your husband and your marriage, you don't have to be concerned about how it will happen. It's your job to pray. It's God's work to answer. Leave it in His hands.

- Stormie Omartian -

They cried out to the LORD in their trouble, and He saved them out of their distresses. He sent His word and healed them, and delivered them from their destructions.

PSALM 107:19-20

## His Wife

Lord, help me to be a good wife. I fully realize that I don't have what it takes to be one without Your help.

Take my selfishness, impatience, and irritability and turn them into kindness, longsuffering, and the willingness to bear all things.

Take my old emotional habits, mind-sets, automatic reactions, rude assumptions, and self-protectiveness, and make me patient, kind, good, faithful, gentle, and self-controlled.

Take the hardness of my heart and break down the walls with Your battering ram of revelation. Give me a new heart and work in me Your love, peace, and joy (Galatians 5:22-23). I am not able to rise above who I am at this moment. Only You can transform me.

Whatever things you ask when you pray, believe that you receive them, and you will have them. And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses.

### Mark 11:24-25

Prayer Notes		

## His Work

Lord, I pray that You would bless the work of my husband's hands. May his labor bring not only favor, success, and prosperity, but great fulfillment as well. If the work he is doing is not in line with Your perfect will for his life, reveal it to him. Show him what he should do differently and guide him down the right path.

Give him strength, faith, and a vision for the future so he can rise above any propensity for laziness. May he never run from work out of fear, self-ishness, or a desire to avoid responsibility.

On the other hand, help him to see that he doesn't have to work himself to death for man's approval. Give him the ability to enjoy his success without striving for more. Help him to excel, but free him from the pressure to do so.

# Do you see a man who excels in his work? He will stand before kings; he will not stand before unknown men.

Proverbs 22:29

Prayer Notes	

## His Finances

Lord, I commit our finances to You. Be in charge of them and use them for Your purposes.

May my husband and I be good stewards of all that You give us and walk in total agreement as to how it is to be disbursed. I pray that we will learn to live free of burdensome debt.

Where we have not been wise, bring restoration and give us guidance. Show me how I can help increase our finances and not decrease them unwisely. Help us to remember that all we have belongs to You and to be grateful for it.

Do not seek what you should eat or what you should drink, nor have an anxious mind.
For all these things the nations of the world seek after, and your Father knows that you need these things.
But seek the kingdom of God, and all these things shall be added to you.

Luke 12:29-31

Prayer Notes	

# His Sexuality

Lord, bless my husband's sexuality and make it an area of great fulfillment for him. Restore what needs to be restored, balance what needs to be balanced. Protect us from apathy, disappointment, criticism, busyness, unforgiveness, deadness, or disinterest.

I pray that we make time for one another, communicate our true feelings openly, and remain sensitive to what each other needs. Keep us sexually pure in mind and body, and close the door to anything lustful or illicit that seeks to encroach upon us.

Deliver us from the bondage of past mistakes. Remove completely the effect of any sexual experience—in thought or deed—that has ever happened to us outside of our relationship. Purify us by the power of Your Spirit.

Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

### 1 Corinthians 6:18-20

Prayer Notes	

# His Affection

Lord, I pray for open physical affection between my husband and me. Enable each of us to lay aside self-consciousness or apathy and be effusive in our display of love.

Help us to demonstrate how much we care for and value each other.

Remind us throughout each day to affectionately touch one another in some way.

Help us to not be cold, undemonstrative, uninterested, or remote. Enable us to be warm, tender, compassionate, loving, and adoring. Break through any hardheadedness on our part that refuses to change and grow. If one of us is less affectionate to the other's detriment, bring us into balance.

Change our habits of indifference so that we can become the husband and wife You called us to be.

So husbands ought to love their own wives as their own bodies; he who loves his wife loves himself. For no one ever hated his own flesh, but nourishes and cherishes it, just as the Lord does the church.

### **Ephesians 5:28-29**

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