

IS THERE A SECRET *In THE* CHURCH?

Connie Cavanaugh says *yes*. In her first book, *From Faking it to Finding Grace*, Connie chronicled her journey out of deep spiritual dryness. Now, wherever she goes, people confide that they, too, wrestle with struggles, doubts, and unbelief. In response, Connie has written *Following God One Yes at a Time* to encourage believers who want to start moving forward again that they can begin, right now, right where they are. Connie explains that obeying God doesn't have to be a daunting prospect. Instead, believers can view obedience to God as a series of "yes" answers to His leading in their lives.

"In an act of personal love to each of us, God simply asks us to follow Him one decision at a time."

Connie asserts that the biggest barriers to following God are internal, not external. People think...

- ❁ "I don't have what it takes."
- ❁ "The process looks complicated; I don't even know how to begin."
- ❁ "The finish line is so far away; I can't go the distance."
- ❁ "I've tried before and dropped out. I must be out of chances."
- ❁ "Is God speaking, or is this my own wishful thinking?"
- ❁ "I'm not good enough."

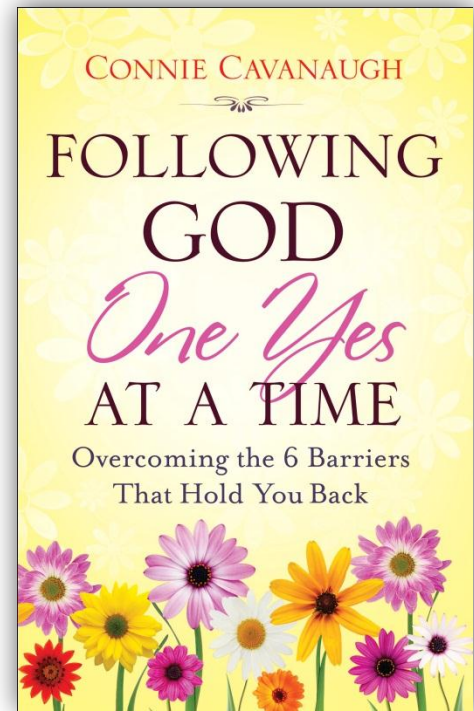
Jesus said "Follow me." Connie shows how to do this—by one simple, immediate, possible yes at a time. Those who have felt distant from God, and even those who have completely lost hope, will learn that God has not forgotten them. In fact, He has a special dream for every believer. Even when the dream looks like a mountain, all they have to do is say "yes" to the next step. Everyday Christians will come away with powerful help for living a simple, workable faith.



Connie Cavanaugh has spoken to thousands of women since 1999 all over North America, and in Mexico, Europe and the Caribbean. She is best known as the keynote speaker at Girls Nite Out events in the US and Canada (see gnolive.com and gnolive.ca). An engaging and well-spoken media guest, Cavanaugh has made many radio and television appearances in Canada and America including LeSEA Broadcasting, *It's A New Day*, The Miracle Channel and Christian Television Network. She has also been an award-winning journalist with *On Mission* magazine, a popular columnist for five years with *Homelife* magazine and has written for several other publications.



INTERVIEW QUESTIONS



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1. Jesus said, “Follow Me.” That sounds pretty simple. Why do you think we need a book about following God?
2. What does our life look like when we say yes to God?
3. You say following God is simple. But does that mean it’s *easy*?
4. You use the phrase “following God one simple, immediate, possible yes at a time.” Does *immediate* mean we won’t have to wait on God?
5. Some people justify disobedience to God by saying He is asking them to do the impossible. What do you say to that?
6. What do you mean when you say God has a dream for every believer?
7. What if the dream seems too big, or too scary?
8. Do you think some people are afraid to follow God? Why?
9. You talk about God proving Himself to His followers by leaving “chocolates on the trail.” Can you explain that?
10. You discuss six barriers that hold Christians back from following God. What are they?
11. What are the biggest barriers in your life that have held you back from following God?
12. We know from your first book that you spent a decade in spiritual dryness. Did this book also come out of that journey?

