HELPING YOUR TWEENS DISCOVER THEIR BIBLE

Elizabeth and Jim George Offer Biblical Guidance for Digging into the Word



Our tweens struggle daily with friendships, fitting in, getting along with family members, pressure to get good grades, and so much more, not to mention all the physical changes they're experiencing. But, while it may seem overwhelming, the good news is that God has an answer for every problem they face and His truths can be discovered by simply opening the Bible.

"The ultimate goal of Bible study is not to do something to the Bible," says Elizabeth George, a bestselling author and Bible teacher. "The ultimate goal is to have the Bible do something to you. The purpose of Bible study is not to merely circle or underline words, or fill in blanks, or make sure you know what happened before or after a particular verse, or increase your knowledge. The purpose of Bible study is to change your life!"

To help tweens understand that the Bible is not just a boring, ancient book but that it has the answers for everyday living, Elizabeth and her husband, Jim, also a best-selling author and speaker, have written *A Girl's Guide to Discovering Her Bible* and *A Boy's Guide to Discovering His Bible*. Patterned after the Georges' popular books for teens on discovering the value of Bible study, these books include topics, stories, and study questions geared specifically towards the needs of those in the 8 to 12 range.

"The Bible isn't a mysterious book that tweens have to wait until they're teenagers or even adults to learn and understand," says Jim. "It's relevant right now. God has answers for them at their age and He wants to share those answers with them."

In the girl's guide, Elizabeth takes girls through the fundamentals of Bible study, by teaching the basic mechanics and showing them how to implement those in a more inductive way. She uses stories from the Bible to illustrate how God speaks to certain areas of life and focuses on some of the young women of the Bible, like Esther, Miriam, and Mary, along with Elizabeth and the Proverbs 31 woman.

"With Esther, for example, I take girls through a survey of the whole book and we study her character and how we can learn from her to be young girls of faith, have courage, and better understand true beauty," says Elizabeth. "We also look at friendship, an issue which is so central in the life of a tween girl, by studying Mary and Elizabeth. With these simple inductive studies, the girls can see that the Bible speaks to all of our needs and that no matter what they face, the Bible has an answer for them."

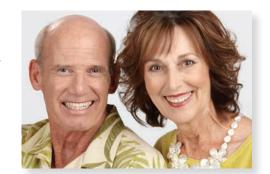
Jim takes a more traditional approach in the book for boys, focusing on helping boys learn more about the Bible itself. Using acrostics and stories and keeping the subject matter simple, he addresses topics such as how the Bible is a book of fantastic stories, how it's a book with a spiritual message, how to "observe" your Bible, why it's a book that will change your life, and how it has one central theme, Jesus. He also includes a helpful survey of every book in the Bible so that boys can see the central theme of each one.

"Our hope is that tweens will see that the Bible is an exciting book, a fantastic book really, about heroes and heroines with models they can follow," says Elizabeth. "While the Bible serves as our handbook for living and has answers for every need, it does so in an engaging, thrilling way."



MEET ELIZABETH AND JIM GEORGE

Elizabeth and Jim George are bestselling authors and national speakers dedicated to helping people live a life after God's own heart. Together, they have written over 70 books with more than 10 million copies sold. For over 30 years, the teaching and steadfast example of Elizabeth and Jim has helped countless men and women:



- Simplify life by focusing on God's priorities.
- Appreciate God's Word and apply it to everyday situations.
- Respond to circumstances with confidence by seeing yourself through God's loving eyes.
- Increase closeness in marriage by serving and honoring each other.
- Powerfully shape the hearts of children and teenagers.
- Enjoy greater intimacy with God.

Women around the world are drawn to Elizabeth's approach of daily starting with the Bible to handle life's challenges. Her ability to weave biblical truth into everyday issues has led readers to make over 15 of her books bestsellers. Elizabeth's distinctive work, *A Women After God's Own Heart*, has sold over 1 million copies and received the ECPA Platinum Book Award. Likewise, her delightful book, *A Girl After God's Own Heart*, remains a treasured gift for moms and grandmothers and made the CBA Bestseller List for 14 consecutive months.

Elizabeth also encourages women through her radio broadcast, "A Minute for Busy Women," featured on Christian radio stations across the country and at www.oneplace.com. She is also a regular keynote speaker at women's conferences and retreats.

Jim is the bestselling author of *A Man After God's Own Heart* and two-time finalist for the Gold Medallion Book Award. Besides writing, he has served as a pastor, seminary professor, and as a pharmacist with the Medical Service Corps of the Army Reserve. Jim's leadership influence has helped thousands of men honor God by modeling integrity in the workplace, learning to be better communicators, and building a strong legacy for their family. Jim holds a Bachelor of Science in Pharmacy from the University of Oklahoma, and a Master of Divinity and Master of Theology from Talbot School of Theology.

Elizabeth holds a Bachelor of Science in Education from the University of Oklahoma. In addition she has taught in public and private schools and worked with age groups ranging from preschool to adult.

In the midst of their busy writing schedule, Elizabeth and Jim love spending time with their two married daughters and eight grandchildren. They divide time residing in Honolulu, Hawaii and on the Olympic Peninsula of Washington State.



INTERVIEW QUESTIONS

- Elizabeth, why do you think so many boys and girls, especially those who grow up in the church, are reluctant to read their Bible?
- Jim, what do you say to a tween boy who would rather play video games than pick up his Bible?
- For some reason, we've given our kids the idea that the Bible is boring. But, Elizabeth, you say the Bible is actually thrilling, full of excitement, heroes and heroines. How do we impart that enthusiasm to our kids?



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- Jim, you and Elizabeth have several grandchildren. What do you see as the biggest challenge facing your tween grandchildren?
- How will tweens benefit from reading their Bible every day?
- How do parents encourage their kids to read their Bible when there is so much else competing for their time and attention?
- Although we should know better, I think it's fair to say that even as adults we struggle with
 reading our Bibles daily. How can we encourage our kids to dig in daily when we might not do it
 ourselves?
- Jim, in the book for boys you teach them not just how to study the Bible, but to actually *study* the Bible. What are some of the topics you cover?
- And, Elizabeth, you teach girls less of the mechanics of studying the Bible and focus more on how
 the Bible addresses every one of their needs and problems they face. What can a mom expect her
 daughter to learn?
- One of the topics you have the girls study is some of the great women of the faith. What can girls learn from biblical models such as Mary, Elizabeth, Miriam, Esther and so many others?



INTERVIEW TOPICS FOR ELIZABETH AND JIM GEORGE

Here are some suggested interview topics you might consider for an interview with Elizabeth and Jim:

Helping Your Tween Understand the B-I-B-L-E is Not B-O-R-I-N-G

For many tweens, the thought of putting down the smart phone or the video game to read what they might consider an ancient book may be less than appealing. So, how do we help our kids discover the thrilling treasure inside? In this interview, Elizabeth and Jim offer up ideas to help encourage your child to give the Bible a try, share ways to help them see why it's relevant to their life, and provide practical tips of how to help your tween discover how fascinating and exciting the Bible really can be.

Prescription for Living: Read Your Bible and Call Me in the Morning

As adults, we understand the Bible is the primary way God speaks to us and how He imparts His wisdom for our daily living. So, how do we teach our kids this important truth? In this interview, Elizabeth and Jim share the benefits of daily Bible reading for tweens, discuss tween-friendly topics the Bible touches on like friendship, making right choices, and getting along with your family, and shows how the Bible serves as the answer for every problem our tweens face (and us, too!).

Great Women of the Bible—and What They Can Teach our Girls (Elizabeth)

From the Proverbs 31 woman to Esther, Miriam, Elizabeth and Mary, to name a few, the Bible is full of stories of great women of the faith. While these women lived centuries ago, the wisdom they imparted is still relevant today. In this interview, Elizabeth shares how the lives of these women intersect with the lives of our girls today, how girls can best get to know them by reading their Bibles, and how these voices from the past can teach your girl to be courageous, beautiful on the inside, and fearless.

Studying the Bible for All it's Worth (Jim)

We often look to the Bible for answers to our problems or for a roadmap for everyday living. But have you ever just studied the Bible to learn more about, well, the Bible? In this interview, Jim takes listeners on a journey through the Bible, shows why it's the greatest book ever written, explains how it's filled with fantastic true stories, offers practical ways to make observations about the Bible, and shows how to study it for all it's worth.

