

# THE Power OF Praying®

HELP FOR A WOMAN'S  
JOURNEY THROUGH LIFE

STORMIE  
OMARTIAN



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## The Power of Praying®

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*B*ECOMING A  
WOMAN OF GOD

## GETTING TO KNOW MY LORD

We can never draw close to God and get to know Him well, or develop the kind of intimate relationship we want, unless we spend time alone with Him. In those private times we are refreshed, strengthened, and rejuvenated. We can see our lives from God's perspective and discover what is really important as a woman of God. That's when we understand who it is we belong to and believe in.

When you find yourself praying to Him many times a day just because you love to be in His presence, then your relationship is growing deep.

*Lord, may Your love manifested in me be a witness of Your greatness. Teach me to love others the way You do. Soften my heart where it has become hard. Make me fresh where I have become stale. Lead me and instruct me where I have become unteachable. Make me to be faithful, giving, and obedient the way Jesus was.*

*May Your light so shine in me that I become a light to all who know me. Make me to be so much like Christ that when people see me they will want to know You better. In Jesus' name I pray.*

### ☞ GOD'S PROMISE ☞

Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you.

1 Peter 5:6-7

## GOD HAS SO MUCH TO SPEAK INTO YOUR LIFE.

But if you don't draw apart from the busyness of your day and spend time alone with Him in quietness and solitude, you will not hear it. Jesus Himself spent much time alone with God. If anyone could get away with *not* doing it, surely it would have been Him. How much more important must it be for us?

I know finding quiet time alone can be difficult. But if you will make it a priority by setting aside a specific time to pray and read the Word each day, perhaps writing it in your calendar the way you would any other important date, and determine to keep that appointment with God, you'll see answers to your prayers like never before.

*Lord, I seek You today. I know I will never be happy until I make You the source of my fulfillment and the answer to my every need. You are my life and the only one who has any power over my soul. I look to You for strength and every day I put all my expectations in You. In Jesus' name I pray.*

### ∞ GOD'S PROMISE ∞

May He grant you according to your heart's desire,  
and fulfill all your purpose.

Psalm 20:4

## DRAWING CLOSE TO HIM

Ask your heavenly Father to help you draw close to Him, to feel His arms around you, to maintain a right heart before Him, to live in the confidence of knowing that you are in the center of His will, to discover more fully who He made you to be, to find wholeness and completeness in Him, and to move into all He has for you.

Ask Him to show you how to effectively cover your life in prayer so that you can have more of Him in your life.

*Dear Lord, open my eyes to see new treasures every time I read or hear Your word. Speak to me and comfort my heart. Make Your Word come alive in me and use it to nourish my soul and spirit like food does for my body. Align my heart with Yours and give me revelation and guidance so that I may know Your will for my life. Teach me how to walk with You each day.*

*Shine the lamp of Your truth where I am right now and show me the next step to take. In Jesus' name I pray.*

### ❧ GOD'S PROMISE ❧

The entrance of Your words gives light;  
It gives understanding to the simple.

Psalm 119:130



WHEN I TOOK A SURVEY TO FIND OUT HOW WOMEN MOST WANTED TO BE PRAYED FOR, their response was unanimous. The number one need of all women surveyed was that they would grow spiritually and have a deep, strong, vital, life-changing, faith-filled walk with God.

When we realize that it's Him that we want, we become free. We are free to identify the longings and emptiness inside of us as our signal that we need to draw near to God with open arms and ask Him to fill us with more of Himself. This deep and intimate relationship with God that we all desire doesn't just happen. It must be sought after, prayed for, nurtured, and treasured.

*Lord, I pray that nothing will draw me away from fulfilling the plan You have for me. May I never stray from what You have called me to be and do. Give me a vision for my life and a strong sense of purpose. I put my identity in You and my destiny in Your hands. I know if I walk close to You, I will never get off the path You have for me. Help me to do that. In Jesus' name I pray.*

∞ GOD'S PROMISE ∞

Draw near to God and He will draw near to you.

James 4:8

## FINDING ALL GOD HAS FOR ME

You don't want to be going around in circles, always passing through the same territory and coming back to the same problems, same frustrations, same mistakes, and same limitations. You want to break free of self-defeating habits and transcend yourself, your limitations, and your circumstances. You want to be more than just a survivor. You want to be an overcomer. The truth is you want to be a part of something greater than yourself. You want to be connected to what God is doing on earth in a way that bears fruit for His kingdom. You want to abound in God's love and blessings. You want it all. All God has for you. And that's what He wants for you too.

*Lord, I don't want to be a spiritual underachiever. I want to be an overcomer. You died for me so that I could live for You. Help me to act like it. You planned out a course for my life so that I could glorify You. Help me to do that. You made it possible for me to defeat my enemy. Help me to never forget the victory I have in You. In Jesus' name I pray.*

### ❧ GOD'S PROMISE ❧

Great peace have those who love Your law,  
And nothing causes them to stumble.

Psalm 119:165

DO YOU EVER HAVE TIMES WHEN YOUR LIFE SEEMS OUT OF CONTROL? Do you ever feel pressured because your days are too busy and you fear you're missing out on a certain quality of life because of it? Do you worry that you are neglecting certain areas of your life because you are trying to fill so many roles and meet so many expectations? God wants to take those feelings and give you His peace.

Do you wish you could spend more time with God in prayer? Do you desire a greater knowledge of God's Word? Do you long to serve Him better, but don't feel you have the time, energy, or opportunity? Do you ever just want to throw your arms around Jesus and feel His embrace? The good news is that this is the way God wants you to feel. He wants you to want Him above all else.

*Lord, help me to remember to live not in my own strength, but by the power of Your Spirit living in me. Forgive me for the times I have forgotten to do that. Enable me to grow in the things of Your kingdom so that I can become a peaceful, whole, productive child of Yours who moves steadily forward in Your purpose for my life. In Jesus' name I pray.*

❧ GOD'S PROMISE ❧

Trust in the LORD with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.

Proverbs 3:5-6

## LIVING THE ABUNDANT LIFE

If you're like me, you don't want to live the kind of life where you are barely hanging on. You don't want to merely eke out an existence, find a way to cope with your misery, or just get by. You want to have the abundant life Jesus spoke of when He said, "I have come that they may have life, and that they may have it more abundantly" (John 10:10).

You don't want to be a woman who hears the truth but doesn't act in faith to appropriate it for your life. You don't want to be forever grappling with doubt, fear, insecurity, and uncertainty. You want to live life on purpose and with purpose. You want the solid food of God's truth so that we can grow into a life that is exciting and productive.

*Lord, help me "to ask in faith, with no doubting." I know that a doubter is double-minded and unstable and will not receive anything from You (James 1:6-8). I confess any doubt I have as sin before You, and I ask You to forgive me. I don't want to ever hinder what You want to do in and through me. Increase my faith daily so that I can move mountains in Your name, and receive the abundant life You have for me. In Jesus' name I pray.*

### ☞ GOD'S PROMISE ☞

Without faith it is impossible to please Him,  
for he who comes to God must believe that He is, and that  
He is a rewarder of those who diligently seek Him.

Hebrews 11:6

IF YOU ARE LIKE MOST OTHER WOMEN, you want to live a fruitful life. You want to dwell in God's grace while still obeying His laws. You want to be unshakable in God's truth yet moved by compassion for the suffering of others. You want to know God in all the ways He can be known so you can be transformed by the power of His Spirit. You want to have a heart that is always right before God.

Look upon the idea of cleansing your heart not as a judgment that your heart is dirty, but as God's call for you to get completely right before Him so He can bring all the blessings He has for you into your life. Then you can know His abundance of peace, joy, love, and fulfillment.

*Lord, I will prepare my heart by worshiping You and giving thanks in all things. Create in me a clean heart and a right spirit so that I will please You. Fill my heart with love, peace, and joy so that it will flow from my mouth. Convict me when I complain. I know I can't move into all You have for me if I don't get rid of all that does not please You. Help me do that. In Jesus' name I pray.*

❧ GOD'S PROMISE ❧

Beloved, if our heart does not condemn us, we have confidence toward God. And whatever we ask we receive from Him, because we keep His commandments and do those things that are pleasing in His sight.

1 John 3:21-22

## KNOWING THE EXTENT OF HIS GRACE

Do you ever find it easier to pray for other people than it is to pray for yourself? I know I do. I can pray for my husband, my children, other family members, acquaintances, friends, and people I've never even met whom I hear about in the news far easier than I can pray for my own needs. For one thing, their needs are easy for me to identify. Mine are numerous, sometimes complicated, often difficult to determine.

Do you ever feel that you are so emotionally involved in the people around you and the day-to-day existence of your life you don't even have time to pray as much as you want to? Do you ever feel so overwhelmed by your circumstances that your prayer is simply a basic cry for help? When that happens know that God's grace will cover you.

*Lord, I thank You for Your grace that covers my weakness. Thank You that Your power shines through my powerlessness. In times of suffering or trial, I pray for an added sense of Your presence so I can grow stronger in You and not weaker. Help me to know that Your grace covers my inadequacies. In Jesus' name I pray.*

### ☞ GOD'S PROMISE ☞

My grace is sufficient for you,  
for My strength is made perfect in weakness.

2 Corinthians 12:9

GOD IS ALWAYS WANTING TO TAKE YOU TO A NEW PLACE IN YOUR LIFE, and you will keep Him from doing that if you are hanging on to the way things have always been done. He will never allow you to rest on past success. If you rely on the way things have always been done, you aren't relying on Him. And that's the whole point.

No matter how old you are, God has something new He wants to do in your life. Ask Him to show you what that is. Tell Him you intend to stay in the race and you don't want to carry any baggage from the past around with you.

*Lord, help me to keep my eyes looking straight ahead and not back on the former days and old ways of doing things. I know You want to do something new in my life today. Help me to concentrate on where I am to go now and not where I have been. Thank You for releasing me from the past so that by Your grace I can move out of it and into the future You have for me. In Jesus' name I pray.*

∞ GOD'S PROMISE ∞

If anyone is in Christ, he is a new creation;  
old things have passed away; behold, all things have become new.

2 Corinthians 5:17

## TEN GOOD REASONS TO OBEY GOD

1. *You get your prayers heard.* “If I regard iniquity in my heart, the Lord will not hear. But certainly God has heard me; He has attended to the voice of my prayer” (Psalm 66:18-19).
2. *You enjoy a deeper sense of the Lord’s presence.* “If anyone loves Me, he will keep My word; and My Father will love him, and We will come to him and make Our home with him” (John 14:23).
3. *You gain wisdom.* “He stores up sound wisdom for the upright; He is a shield to those who walk uprightly” (Proverbs 2:7).
4. *You have God’s friendship.* “You are my friends if you do whatever I command you” (John 15:14).
5. *You can live safely.* “You shall observe My statutes and keep My judgments, and perform them; and you will dwell in the land in safety” (Leviticus 25:18).
6. *You experience God’s love* “Whoever keeps His word, truly the love of God is perfected in Him. By this we know that we are in Him” (1 John 2:5).
7. *You are blessed.* “Behold, I set before you today a blessing and a curse: the blessing, if you obey the commandments of the LORD your God which I command you today” (Deuteronomy 11:26-27).
8. *You find happiness.* “Happy is he who keeps the law” (Proverbs 29:18).
9. *You have peace.* “Mark the blameless man, and observe the upright; for the future of that man is peace” (Psalm 37:37).
10. *You have a long life.* “My son, do not forget my law, but let your heart keep my commands; for length of days and long life and peace they will add to you” (Proverbs 3:1-2).