

A BOOK
OF
PRAYERS
for Couples

STORMIE
OMARTIAN



HARVEST HOUSE PUBLISHERS

EUGENE, OREGON

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A BOOK OF PRAYERS FOR COUPLES

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The Power of a
PRAYING[®]
WIFE

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His Wife

Lord, help me to be a good wife. I fully realize that I don't have what it takes to be one without Your help.

Take my selfishness, impatience, and irritability and turn them into kindness, long-suffering, and the willingness to bear all things.

Take my old emotional habits, mindsets, automatic reactions, rude assumptions, and self-protectiveness, and make me patient, kind, good, faithful, gentle, and self-controlled.

Take the hardness of my heart and break down the walls with Your battering ram of revelation. Give me a new heart and work in me Your love, peace, and joy (Galatians 5:22, 23). I am not able to rise above who I am at this moment. Only You can transform me.

Whatever things you ask when you pray, believe that you receive them, and you will have them. And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses.

Mark 11:24-25

Prayer Notes

His Wife

Lord, I confess the times I've been unloving, critical, angry, resentful, disrespectful, or unforgiving toward my husband.

Help me to put aside any hurt, anger, or disappointment I feel and forgive him the way You do—totally and completely, no looking back. Make me a tool of reconciliation, peace, and healing in this marriage. Make me my husband's helpmate, companion, champion, friend, and support.

Help me to create a peaceful, restful, safe place for him to come home to. Teach me how to take care of myself and stay attractive to him. Grow me into a creative and confident woman who is rich in mind, soul, and spirit. Make me the kind of woman he can be proud to say is his wife.

Through wisdom a house is built, and by understanding it is established; by knowledge the rooms are filled with all precious and pleasant riches.

Proverbs 24:3-4

Prayer Notes

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Her Husband

Lord, create in *me* a clean heart and renew a right spirit within me (Psalm 51:10). Show me where my attitude and thoughts are not what You would have them to be, especially toward my wife. Convict me when I am being unforgiving. Help me to quickly let go of any anger, so that confusion will not have a place in my mind. If there is behavior in me that needs to change, enable me to make changes that last. Whatever You reveal to me, I will confess to You as sin. Make me a man after Your own heart. Enable me to be the head of my home and family just as You created me to be.

Her Husband

*L*ord, show me how to really cover (wife's name) in prayer. Enable me to dwell with her with understanding and give honor to her so that my prayers will not be hindered (1 Peter 3:7). Renew our love for one another. Heal any wounds that have caused a rift between us. Give me patience, understanding, and compassion. Help me to be loving, tenderhearted, and courteous to her just as You ask me in Your Word (1 Peter 3:8). Enable me to love her the way that You do.

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to Change Your
MARRIAGE

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If Communication Breaks Down



LORD, I pray You would protect my husband (wife) and me from any kind of breakdown of communication. Enable us to always share our thoughts and feelings and refuse to be people who don't talk. Teach us to trust each other enough to share our deepest hopes, dreams, fears, and struggles with one another. Help us to spend time communicating with *You* every day so that our communication with each other will always be good. Teach us how to openly express love for one another, and keep us from any laziness or selfishness that would cause us to neglect to do that. Help us to refuse to speak words that tear down, but only words that build up (Ephesians 4:29).

*Let the words of my mouth and the meditation
of my heart be acceptable in Your sight, O LORD,
my strength and my Redeemer.*

PSALM 19:14

PRAYER NOTES

If Communication Breaks Down



LORD, teach us to listen to one another and recognize the signs in each other that give us greater understanding. Help us find things we enjoy doing together so that we will grow closer and not apart. Enable us to be able to communicate love, appreciation, and honor to each other at all times. Help us to take instant authority over any attack the enemy brings against us—especially in the area of communication. Help us to settle all matters of disagreement between us in a loving, compromising, and considerate manner. Enable us to always be in unity with You and with each other.

Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.

COLOSSIANS 3:13-14 NIV

PRAYER NOTES
