

KEYS  
*to*  
POWERFUL  
PRAYER

STORMIE  
OMARTIAN



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## **Keys to Powerful Prayer**

Taken from *10 Minutes to Powerful Prayer*

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## Answers to Your Questions Before You Even Ask

**N**o, this is not an attempt to reduce prayer to a formula so we can do our duty and get on to the many more interesting things we have to do in our lives.

First of all, I think prayer *is* interesting. In fact, I think it's fascinating. That's because prayer is communicating with God, and *He* is fascinating. And what He wants to do through your prayers and mine is amazing. When you understand that prayer is building a relationship with God and partnering with Him to see His will done in your life and situation—and in the lives and situations of others—you will find yourself wanting to pray as much as possible.

What I hope to do in this little book is give you a practical tool to help meet what I believe may be a need in your life. The reason I think you might have this need is because it is a need *I* have. If you're like me, it's hard to find time to pray about all the people and situations we care about. We don't mean to overlook important

areas of prayer concerns, but there is always so much to pray about, and we can't think of everything.

Well, now you don't have to think of everything because I have provided the framework—the most important areas of prayer focus—that can help you have clear direction when you pray.

Personally, I pray every day about many things, yet I still feel the need for a previously thought-out checklist that will prompt me to include certain people, situations, and issues that I might not otherwise remember to pray about on my own. All of us can get busy in our day and feel that we don't have the time to pray adequately about certain things, so we may end up not praying about them at all. I know. I've been there. In fact, I'm there now. I need this book too.

## **How This Book Works for You**

This book is divided into eight *areas of prayer focus*. Every short paragraph grouping or section in each of these eight areas is a complete thought and is, therefore, separated by a space from the others. That way, *you can choose a paragraph grouping or section anywhere and let that inspire your prayer at that moment*. In fact, I have written most paragraphs in this book in a way that you can take a single paragraph and meditate and pray about it when you are pressed for time.

At the end of each area of prayer focus (or chapter),

I have provided a sample prayer for you to pray. This prayer can be a beginning point to jumpstart your own prayers as you think of other things to add to it, or it can be the complete prayer in itself.

There are also Scriptures at the end of each prayer that can be read over, proclaimed, spoken aloud, memorized, pondered, meditated on, or simply kept in your heart, however time and inclination lead. Choose one or two or as many as you have time for. I know these Scriptures will be especially encouraging, uplifting, and edifying to you.

Let this little book be a tool to inspire you to pray whenever you want and wherever you can.

## Worship and Praise God for Who He Is

Worshipping God is one of the most powerful things we can do. Praising Him takes the focus off of ourselves and puts it entirely on Him. And that is always the best way to approach God and begin to pray.

Prayer is communicating with God. And communicating your love, gratitude, worship, and praise to God is the best way to start any prayer. It is also healthy for your mind and soul, as well as your physical body. Too often in our busy day we don't worship and praise God to the extent we should. He desires more praise than we give Him because He has so much more He wants to give *us*. When we praise Him, He reveals Himself to us. And He wants to reveal as much of Himself to us as we can receive. Great things happen when we worship God—far more than we even realize.

## Worship Is...

- opening your heart to God
- inviting the presence of God to dwell with you
- praising God as your Creator
- exalting Him as the God of love
- honoring and thanking God for all He has done
- thanking Jesus for all He accomplished on the cross
- allowing God's holiness to touch you
- demonstrating your love for God
- affirming your loyalty to the Lord
- preparing to receive all God has for you
- acknowledging God as almighty and all-powerful
- letting go of all else and embracing only the Lord

No matter what is happening in your life, God is always worthy of your praise. That's why worship must be your first reaction to everything. It should become a way of life—a priority. You can decide to wake up in the morning thankful to God, because you know He loves you more than you can ever fully understand. Start your day by praising and worshipping Him for all that He is. And remember some of the many ways that worshipping God affects your life.



## Ten of the Countless Ways Worshipping God Affects Me

1. Worship requires an act of my will.
2. Worship is a choice I make every day.
3. Worship softens my heart and builds my faith.
4. Worship enables me to become more like the Lord.
5. Worship is a powerful weapon of my spiritual warfare.
6. Worship helps me to hear God speaking to my heart.
7. Worship evaporates all my fears.
8. Worship invites God to pour Himself into me.
9. Worship deepens my relationship with the Lord.
10. Worship changes my mind, heart, and attitude.

There are countless reasons why you should praise God. Even remembering just one of them will be motivation enough for you to worship and praise Him many times throughout your day—especially each time you pray.

### **Eight Good Reasons to Give Praise to God**

1. *I praise God because He is worthy of my praise.*

“Give to the LORD the glory due His name” (Psalm 96:8).

2. *I praise God because it brings me into His Presence.*

“Oh come, let us sing to the LORD! Let us shout joyfully to the Rock of our salvation. Let us come before His presence with thanksgiving; let us shout joyfully to Him with psalms” (Psalm 95:1-2).

3. *I praise God because He hears my prayers.*

“Now we know that God does not hear sinners; but if anyone is a worshiper of God and does His will, He hears him” (John 9:31).

4. *I praise God because He does so much for me.*

“He heals the brokenhearted and binds up their wounds” (Psalm 147:3).

5. *I praise God because He guides me in all things.*

“I will bless the LORD who has given me counsel; my heart also instructs me in the night seasons” (Psalm 16:7).

6. *I praise God because He delivers me and sets me free.*

“Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me” (Psalm 50:15).

7. *I praise God because He protects me in times of trouble.*

“He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty. I will say of the LORD, ‘He is my refuge and my fortress; my God, in Him I will trust’” (Psalm 91:1-2).

8. *I praise God because He heals me and gives me life.*

“O LORD my God, I cried out to You, and You healed me. O LORD, You brought my soul up from

the grave; You have kept me alive, that I should not go down to the pit. Sing praise to the LORD, you saints of His, and give thanks at the remembrance of His holy name” (Psalm 30:2-4).

## **Calling on God by Name**

In the Bible, God is referred to by many names. And there are also many words that describe His attributes. I believe the reason for this is that we cannot begin to understand all of who God is without these names and descriptions. The Bible was written to help us know God and understand His ways. The more we know about God, the more we will be able to praise, worship, appreciate, and thank Him in the passionate way He should be acknowledged.

Each of the names of the Lord shows us an aspect of His nature and His attributes. When we acknowledge and praise Him for who He is, our faith in His ability and desire to be that to us increases. The Bible says, “The name of the LORD is a strong tower; the righteous run to it and are safe” (Proverbs 18:10).

Below are some of the names and attributes of God that are found in the Bible. Choose at least one or more of them each time you pray, and thank Him for being that to you.

## **Names and Attributes of God**

“Lord, I praise You and thank You for being my...”

### *Mighty God and Everlasting Father*

“Unto us a Child is born, unto us a Son is given; and the government will be upon His shoulder. And His name will be called Wonderful, Counselor, Mighty God, Everlasting Father, Prince of Peace” (Isaiah 9:6).

### *Healer*

To you who fear My name the Sun of Righteousness shall arise with healing in His wings” (Malachi 4:2).

### *Deliverer*

“I am poor and needy; make haste to me, O God! You are my help and my deliverer; O LORD, do not delay” (Psalm 70:5).

### *Counselor*

“I will bless the LORD who has given me counsel; my heart also instructs me in the night seasons” (Psalm 16:7).

### *Restorer*

“He restores my soul; He leads me in the paths of righteousness for His name’s sake” (Psalm 23:3).

### *Power of God*

“Christ [is] the power of God and the wisdom of God” (1 Corinthians 1:24).

*A Strength to the Poor and a Refuge from the Storm*

“You have been a strength to the poor, a strength to the needy in his distress, a refuge from the storm, a shade from the heat” (Isaiah 25:4).

*Stronghold in the Day of Trouble*

“The LORD is good, a stronghold in the day of trouble; and He knows those who trust in Him” (Nahum 1:7).

*Hope*

“You are my hope, O Lord GOD” (Psalm 71:5).

*Savior*

“My spirit has rejoiced in God my Savior” (Luke 1:47).

*Helper*

“I will pray the Father, and He will give you another Helper, that He may abide with you forever” (John 14:16).

*Lifter of My Head*

“You, O LORD, are a shield for me, my glory and the One who lifts up my head” (Psalm 3:3).

*Holy Spirit and Teacher*

“The Holy Spirit will teach you in that very hour what you ought to say” (Luke 12:12).

*Comforter and Giver of Mercy*

“The Lord has comforted His people, and will have mercy on His afflicted” (Isaiah 49:13).

*Provider*

“My God shall supply all your need according to His riches in glory by Christ Jesus” (Philippians 4:19).

**Prayer Power**

Lord, I come before Your presence with thanksgiving. I worship You this day as the almighty Creator of heaven and earth. You are the all-powerful God of the universe for whom nothing is impossible. I exalt You as my Creator, and I praise You as my heavenly Father. I thank You that You are the God of love, peace, and joy. “I will praise You, O LORD, with my whole heart; I will tell of all Your marvelous works. I will be glad and rejoice in You; I will sing praise to Your name, O Most High” (Psalm 9:1-2). I thank You for all that You are.

Thank You for sending Your Son Jesus to be my Savior and Redeemer. Thank You, Jesus, for the price You paid to save me. Thank You for rescuing me, forgiving me, and giving me new life. Thank You for the gift of Your Holy Spirit in me. Thank You, Holy Spirit, for guiding me, comforting me, and filling me afresh with love, peace, and power. Thank You for Your Word that gives me life. I praise You, Lord, for Your goodness, grace, and mercy that endure forever.

In Jesus' name I pray.

**Word Power**

By Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name.

**HEBREWS 13:15**

The hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him.

**JOHN 4:23**

Vows made to You are binding upon me, O God;  
I will render praises to You, for You have delivered my soul from death. Have You not kept my feet from falling, that I may walk before God in the light of the living?

**PSALM 56:12-13**

Whoever confesses Me before men, him I will also confess before My Father who is in heaven.

**MATTHEW 10:32**