

The Power of a
PRAYING[®]
Mom

**STORMIE
OMARTIAN**



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Introduction

I have noticed that many moms pray often for their children, but they don't always pray for themselves. And they need to. That's because an important part of being a good mom is recognizing that you can't do it well without God's help. We moms need the Lord to enable us every day to produce the fruit of the Spirit, which is "love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control" (Galatians 5:22-23). Who doesn't need every bit of that when raising children?

Who doesn't need a closer walk with God so that you can partner with Him in prayer to positively affect each child's life and be guided by Him in every decision and thought? It's important that we moms pray for ourselves to become our best in order to help our children become their best.

Most of the prayers here are excerpted from my four books of prayer listed on the copyright page of this book. I have also written some original material as well. The prayers are laid out in a way that helps you pray for yourself and your child at the same time. So the prayer you see on the left page will be a prayer for *you*, with space to write down any specifics you want to remember to pray for yourself. The page opposite of that on the right is a prayer for *your child*, also with space to write any specifics.

I pray you will find this way of praying as valuable to you as I have, and you will see, sense, and feel the increasing benefits to both you and your children.

Stormie Omatian

*Until now you have asked nothing in My name.
Ask, and you will receive, that your joy may be full.*

JOHN 16:24



*For this child I prayed,
and the LORD has granted me
my petition which I asked of Him.*

1 SAMUEL 1:27

Prayer Couplet 1

Lord, Draw Me into a Closer Walk with You

Draw near to God and He will draw near to you.

JAMES 4:8

Lord, help me to set aside time each day to meet with You alone. As I come before You, teach me to pray the way You want me to. Help me to learn more about You. Lord, You have said, "If anyone thirsts, let him come to Me and drink" (John 7:37). I thirst for more of You because I am in a dry place without You. I come to You this day and drink deeply of Your Spirit. I know You are everywhere, but I also know there are deeper manifestations of Your presence that I long to experience. I draw close to You today, grateful that You will draw close to me as You have promised in Your Word.

In Jesus' name I pray.

My Prayer for Me

Help My Child Desire to Live Your Way

*Blessed are those who hunger and
thirst for righteousness,
for they shall be filled.*

MATTHEW 5:6

Lord, I pray for (name of child) to have an ever-increasing hunger for more of You. May she (he) grow to long for Your presence—long to spend time with You in prayer, praise, and worship. Give her (him) a desire for the truth of Your Word and a love for Your laws and Your ways. Teach her (him) to live by faith and be led by Your Holy Spirit, and to have a desire to live Your way. May a deep reverence and love for You and Your laws color everything she (he) does and every choice she (he) makes. Help her (him) to understand the consequences of her (his) actions. May she (he) learn to not be wise in her (his) own eyes, but rather to “fear the Lord and depart from evil” (Proverbs 3:7).

In Jesus’ name I pray.

My Prayer for My Child

Prayer Couplet 2

Lord, Help Me to Know the Truth

*I will pray the Father, and He will
give you another Helper,
that He may abide with you
forever—the Spirit of truth,
whom the world cannot receive, because
it neither sees Him nor knows Him;
but you know Him, for He dwells
with you and will be in you.*

JOHN 14:16-17

Lord, I thank You that You have given me Your Spirit—the Spirit of truth—to be my Helper. I long to know You in every way You can be known, so help me to truly comprehend who You are and rely on You as my Helper who will lead me into all truth. I don't want to be a person who is "always learning and never able to come to the knowledge of the truth" (2 Timothy 3:7). I want to know the truth about who You are because I know You are near to all who call upon You in truth (Psalm 145:18). Teach me how to pray myself closer to You.

In Jesus' name I pray.

My Prayer for Me

Plant Your Truth in My Child's Heart

*A false witness will not go unpunished,
And he who speaks lies will not escape.*

PROVERBS 19:5

Lord, I pray You will help (name of child) to know the difference between truth and lies. Deliver him (her) from any pride that makes him (her) believe that he (she) knows better than You. I pray he (she) will have a teachable and submissive spirit and be able to stand strong in truth. Write Your truth in his (her) mind and on his (her) heart so he (she) always walks with a confident assurance of the rightness of Your commands. As he (she) learns to pray, teach him (her) to listen for Your voice. May there always be a Holy Spirit fire in his (her) heart and an unwavering desire for You and Your truth.

In Jesus' name I pray.

My Prayer for My Child

Prayer Couplet 3

Lord, Cleanse Me and Make My Heart Right Before You

*If we confess our sins, He is faithful
and just to forgive us our sins
and to cleanse us from all unrighteousness.*

1 JOHN 1:9

Lord, I come humbly before You and ask You to cleanse my heart and renew a right spirit within me. Forgive me for thoughts I have had, words I have spoken, and things that I have done that are not glorifying to You or are in direct contradiction to Your commands. Specifically, I confess to You (name any thoughts, words, or actions that you know are not pleasing to God). I confess it as sin and I repent of it. I choose to walk away from this pattern of thought or action and live Your way. I know You are “gracious and merciful, slow to anger and of great kindness” (Joel 2:13). Forgive me for ever taking that for granted.

In Jesus’ name I pray.

My Prayer for Me

Make My Child Quick to Confess Wrongdoing

*He who covers his sins will not prosper,
but whoever confesses and forsakes
them will have mercy.*

PROVERBS 28:13

Lord, I pray You would give (name of child) a heart that is quick to confess her (his) sins. May she (he) easily recognize them and not even try to hide them. Help her (him) to be truly repentant of them so that she (he) can be forgiven and cleansed. Help her (him) to understand that Your laws, and my rules, are for her (his) benefit and that the confession and repentance You require must become a way of life. At the moment of recognition and repentance, may she (he) say as David did, "Create in me a clean heart, O God, and give me a right attitude" (Psalm 51:10, paraphrased). Take away all attraction to disobedience, and put in her (his) heart a desire to do the right thing.

In Jesus' name I pray.

My Prayer for My Child

Prayer Couplet 4

Lord, Show Me the Truth About Myself

*I acknowledged my sin to You, and
my iniquity I have not hidden.
I said, "I will confess my transgressions to the Lord,"
and You forgave the iniquity of my sin.*

PSALM 32:5

Lord, “see if there is any wicked way in me, and lead me in the way everlasting” (Psalm 139:24). Show me the truth about myself so that I can see it clearly. I know I cannot hide anything from You, for You see everything. Nor do I want to hide anything. Help me to confess my sins to You quickly. I pray You will “have mercy upon me, O God, according to Your lovingkindness; according to the multitude of Your tender mercies, blot out my transgressions” (Psalm 51:1). Make me clean and right before You. I want to receive Your forgiveness so that times of refreshing may come from Your presence (Acts 3:19).

In Jesus’ name I pray.

My Prayer for Me

Help My Child to Never Allow Secret Sin

*Beloved, if our heart does not condemn us, we have
confidence toward God.*

*And whatever we ask we receive from Him,
because we keep His commandments
and do those things that are pleasing in His sight.*

1 JOHN 3:21-22

Lord, I pray You would bring to light any hidden sins in
(name of child) so they can be confessed, repented of, and for-
given. Your Word says, “Blessed is he whose transgression is for-
given, whose sin is covered” (Psalm 32:1). I pray my son (daughter)
will never be able to contain sin within him (her), but rather let
there be a longing to confess everything. Keep him (her) from con-
cealing any secret sins. May he (she) not live in guilt and condem-
nation, but rather dwell with a clear conscience understanding
how great it is to be forgiven.

In Jesus’ name I pray.

My Prayer for My Child

Prayer Couplet 5

Lord, Help Me to Be a Forgiving Person

*The discretion of a man makes him slow to anger,
and his glory is to overlook a transgression.*

PROVERBS 19:11

Lord, help me to forgive others quickly. Show me when I am not doing that. If I have any anger, bitterness, resentment, or unforgiveness I am not recognizing, reveal it to me and I will confess it to You as sin. Specifically, I ask You to help me fully forgive (name anyone you feel you need to forgive). Make me to understand the depth of Your forgiveness toward me so that I won't hold back forgiveness from others. I realize that my forgiving someone doesn't make them right; it makes me free. I also realize You are the only one who knows the whole story and will see that justice is done, so I can release that person into Your hands.

In Jesus' name I pray.

My Prayer for Me

Teach My Child to Forgive Quickly

Forgive, and you will be forgiven.

LUKE 6:37

Lord, I pray You would help (name of child) to be a forgiving person. Help her (him) to understand the depth of Your forgiveness toward her (him) so that she (he) can be freely forgiving toward others. Teach her (him) to make the decision to forgive based on what You've asked us to do and not on what feels good at the moment. Give her (him) understanding that only You know the whole story about any of us, and that's why she (he) doesn't have the right to judge. Where she (he) has any unforgiveness, help her (him) to confess it to You so she (he) can move into all that You have for her (him).

In Jesus' name I pray.

My Prayer for My Child
